Chaand is a GP and senior partner in his practice in Stanmore, North London, where he has practised for 28 years.

He was elected as chair of BMA council in July 2017, and has been a council member since 2008. He was chair of GPC (the GPs committee) from 2013 to 2017, having been a GPC member since 1996, and was a GPC negotiator between 2007 and 2013. He has been an LMC member for over 20 years and vice chair for the past 14. He is a fellow of the RCGP (Royal College of General Practitioners).

Chaand was awarded a CBE in 2015 for his services to primary care.

