The COVID-19 pandemic and the Icelandic experience sofar

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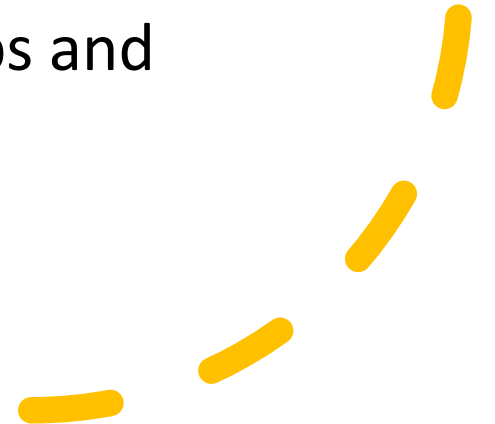President of the Icelandic Medical Association

April 2nd, 2020

The objective of pandemic preparedness

- To prevent the pandemic reaching the country if possible.
- To reduce its domestic spread to the extent possible.
- To administer medical treatment and care to patients.
- To protect the people involved in the diagnosis, treatment, and care of patients.
- To protect social infrastructures and people responsible for indispensable services in the country.
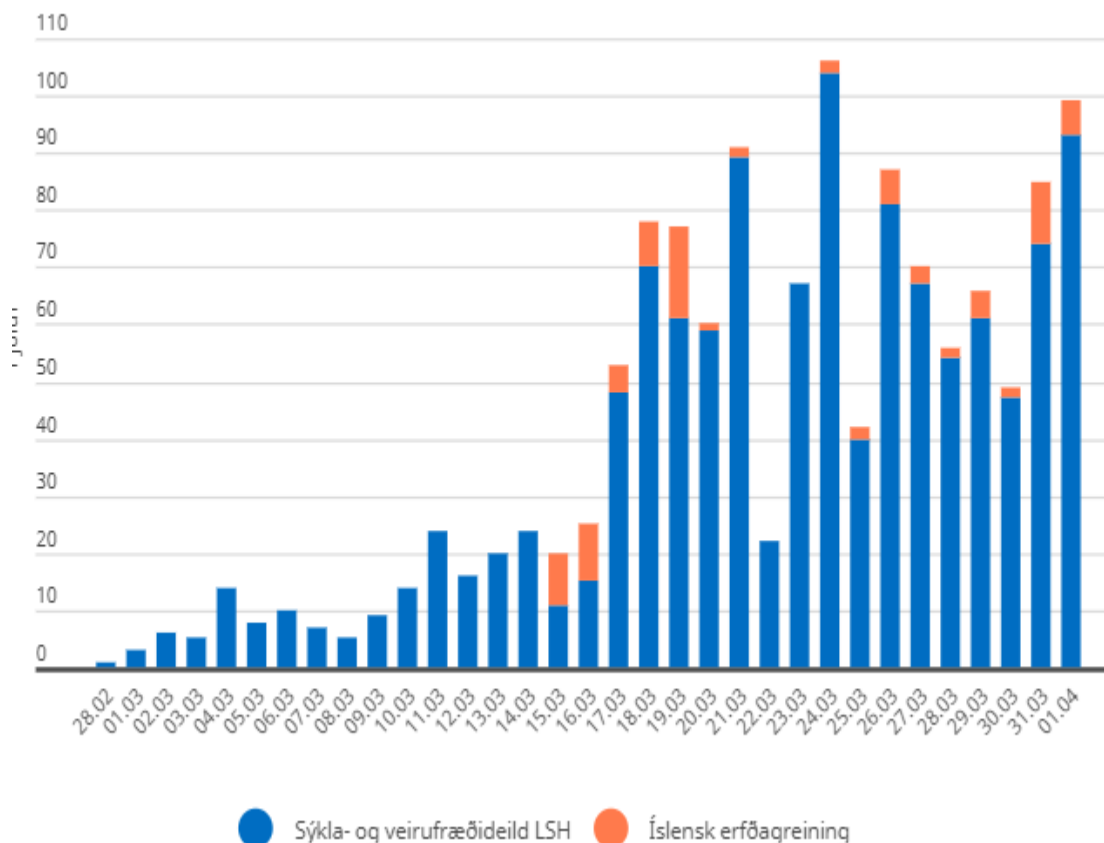
Experience and strategy

- Strong Civil Protection and Emergency Management due to volatile nature
  - Wheather, Volcanic activity, Earthquakes, Epidemics
- Testing – Quarantine - Social distancing – Suppression
- Clinical testing (symptomatic and healthcare workers)
- Epidemiology in practice - the deCODE approch (random sample testing)
- Prediction model updated daily
- Economical measures to secure jobs and companies
- Strong public and media relation

COVID-19 statistic – Iceland (02.04.2020)

Number of COVID positives

Sýkla- oq veirufræðideild LSH   Íslensk erfðagreininq

Ref: www.covid.is

	Number	**%**
Tests	20.930	5,7% of population
In Quarantine	7.166	2,0%
Completed Quarantine	8.945	2,5%
Positive covid-19	1.319	6,3% of tested
In hospital	43	3,2%
ICU	12	1%
Deaths	4	

Landspitali and deCode samples (02.04.2020)

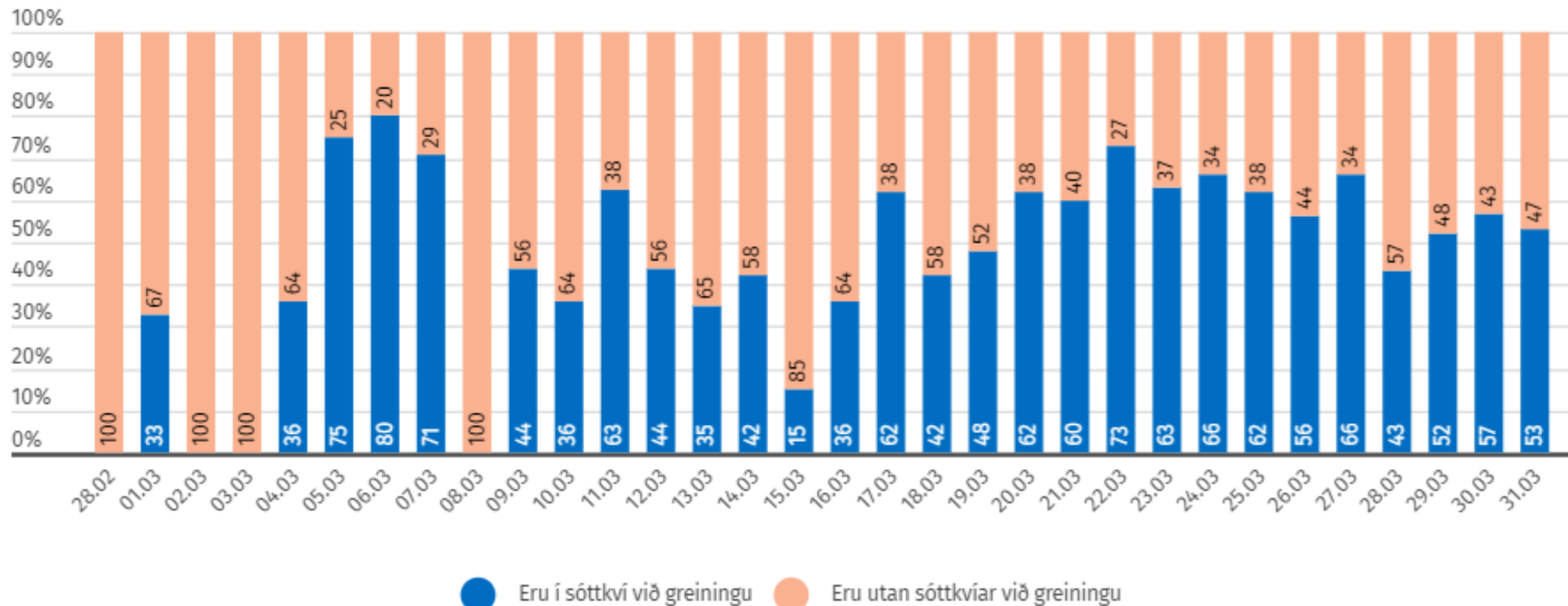|	Landspitali (clincal indication)	DeCode population sample
Number of positive tests	1.229	90
Number tested	9.671	11.218
% COVID-19 positive	12,7%	0,8%

Diagnosed in Quarantine – 54% (more than half been isolated before symptoms appear)
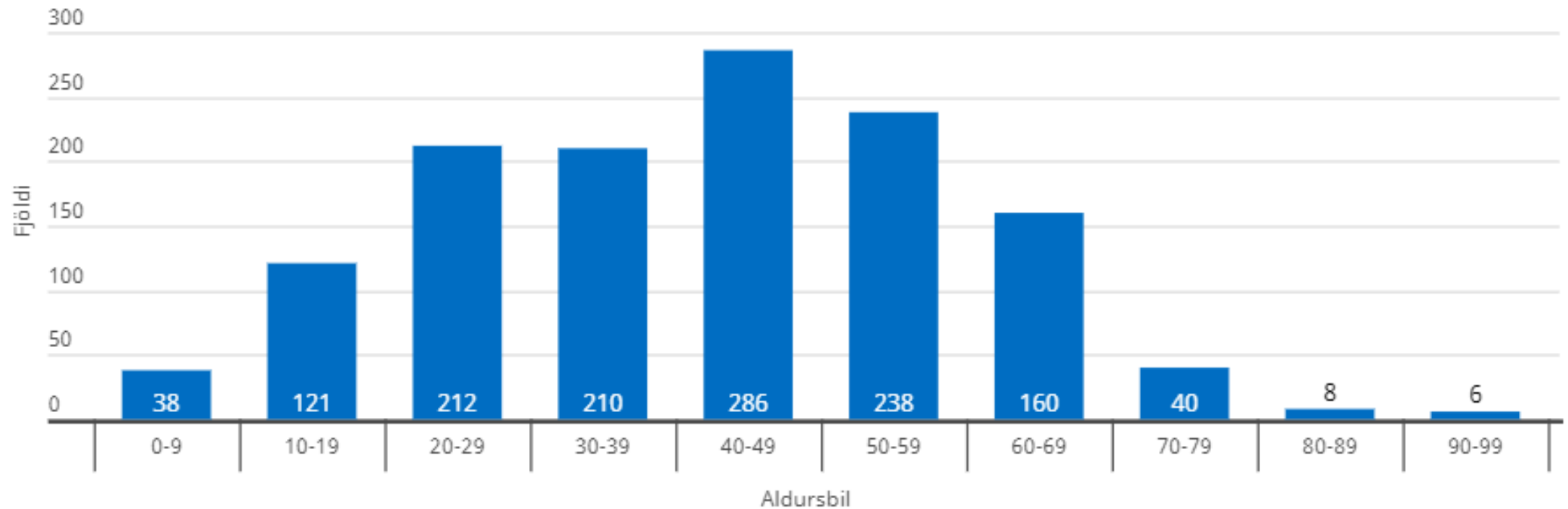

Hlutfall smitaðra sem greinast í sóttkví

54%

þeirra sem hafa greinst voru í sóttkví

Eru í sóttkví við greiningu   Eru utan sóttkvíar við greiningu

Ref: www.covid.is

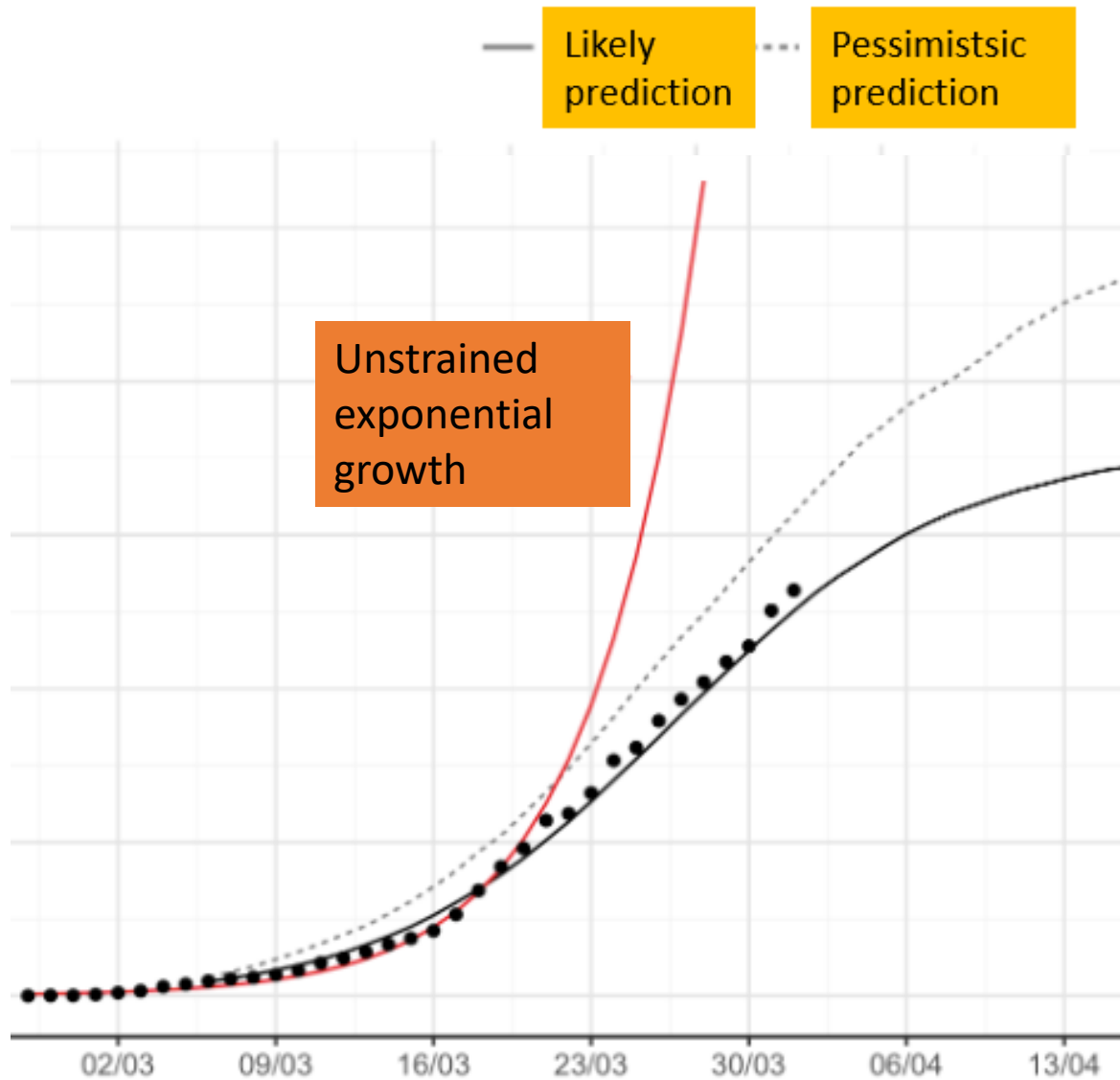# COVID-19 statistic – age distribution (range 3 months – 96 years)

Fjöldi smita eftir aldri

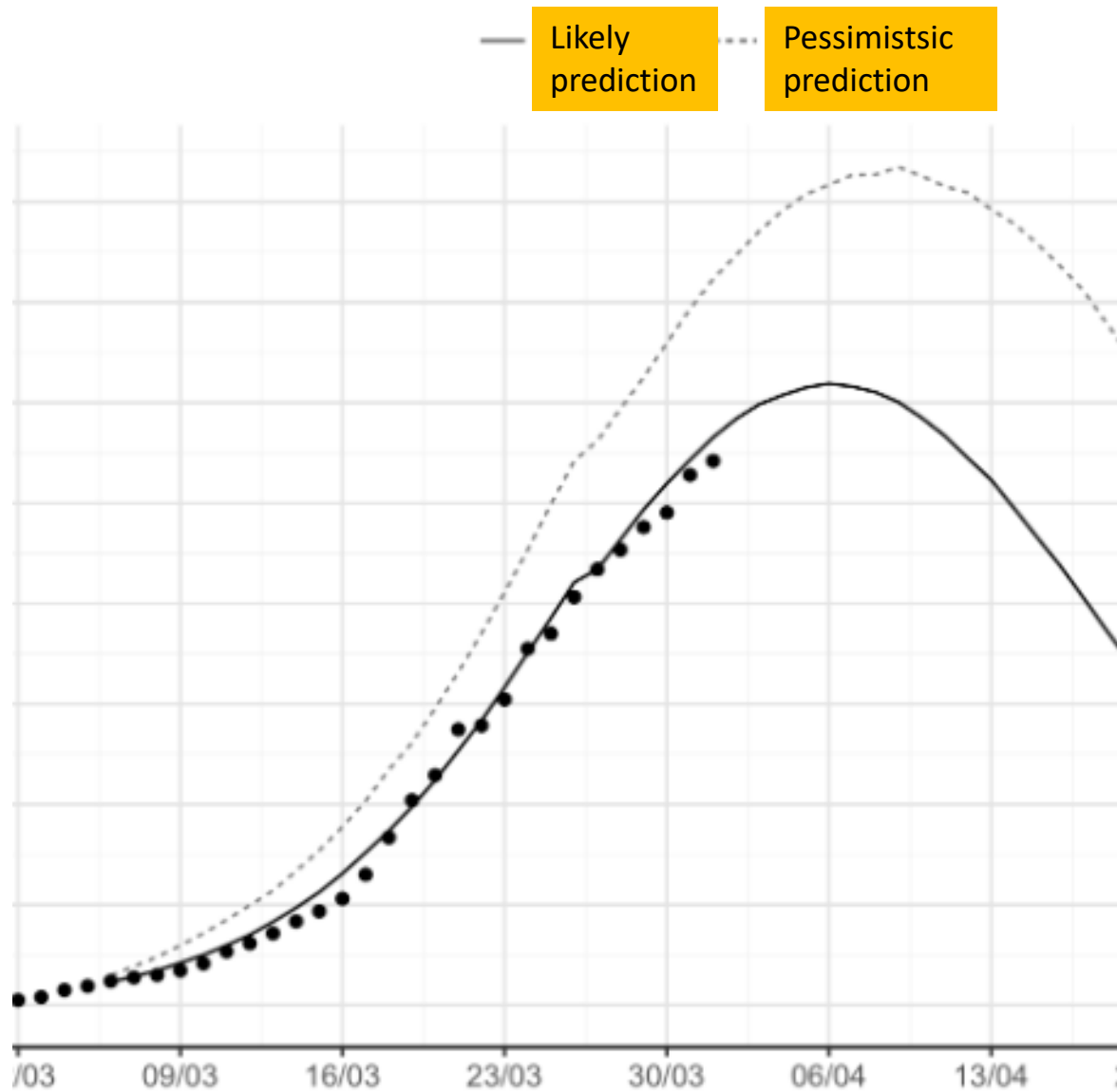# COVID-19 in Iceland Prediction model (covid.hi.is)

Detailed information on the prediction model can be obtained at www.covid.hi.is
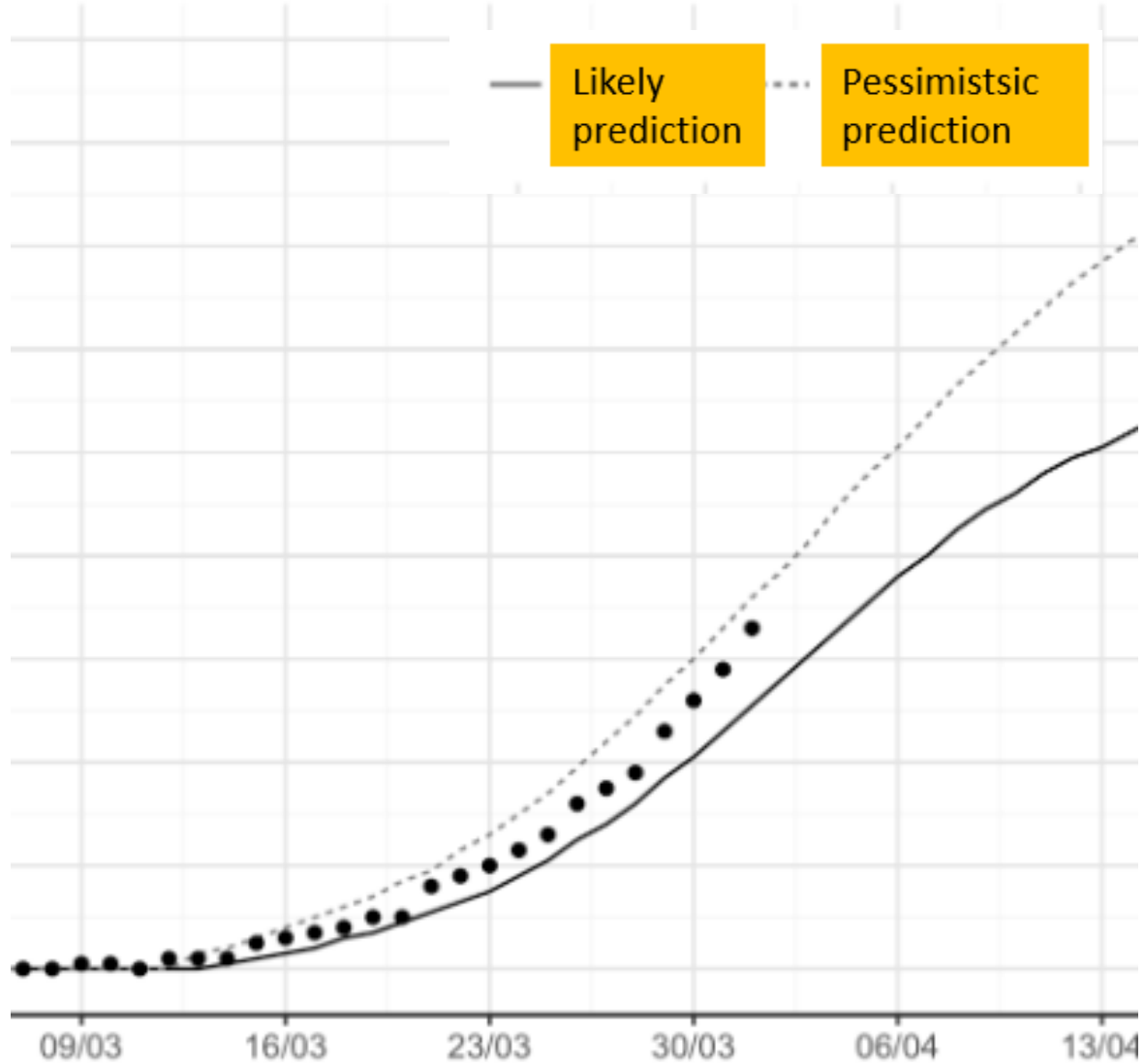
Data retrieved 02.04.2020

Cumulative confirmed infections in total (covid.hi.is) indicates that the strategy applied in the population is working with flattening of the curve and avoiding exponential spread of infection
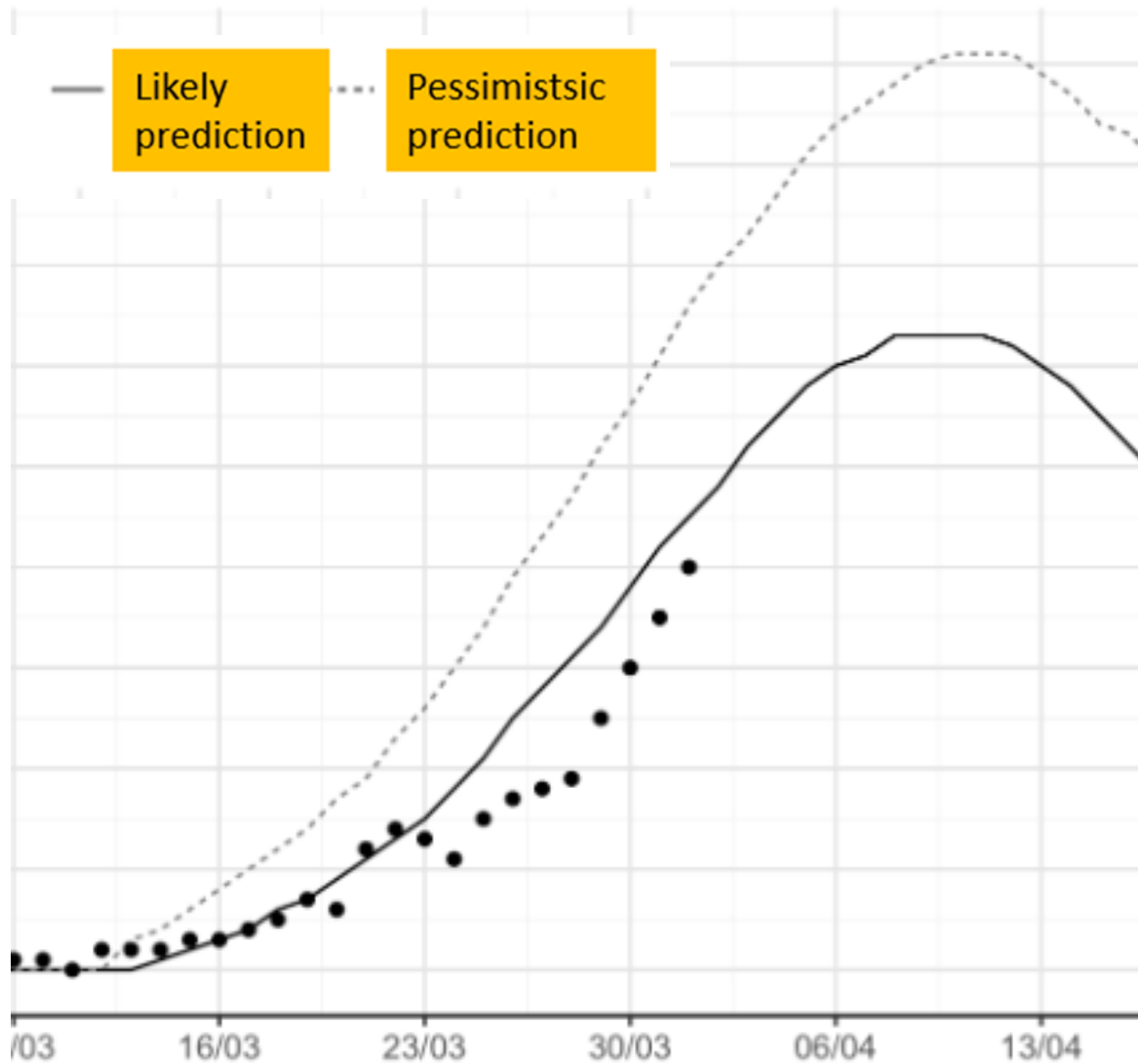
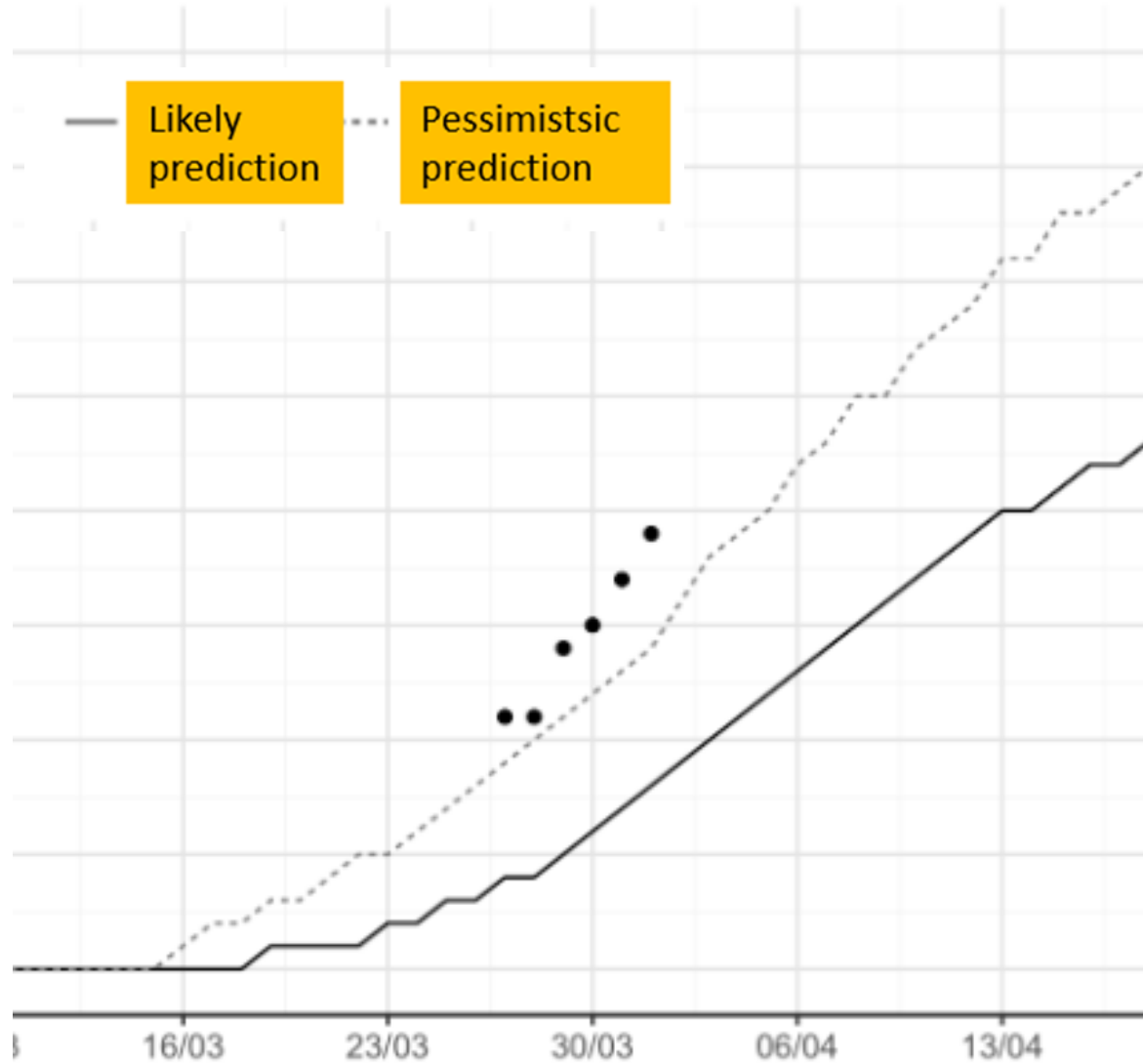Active cases each day
(covid.hi.is)

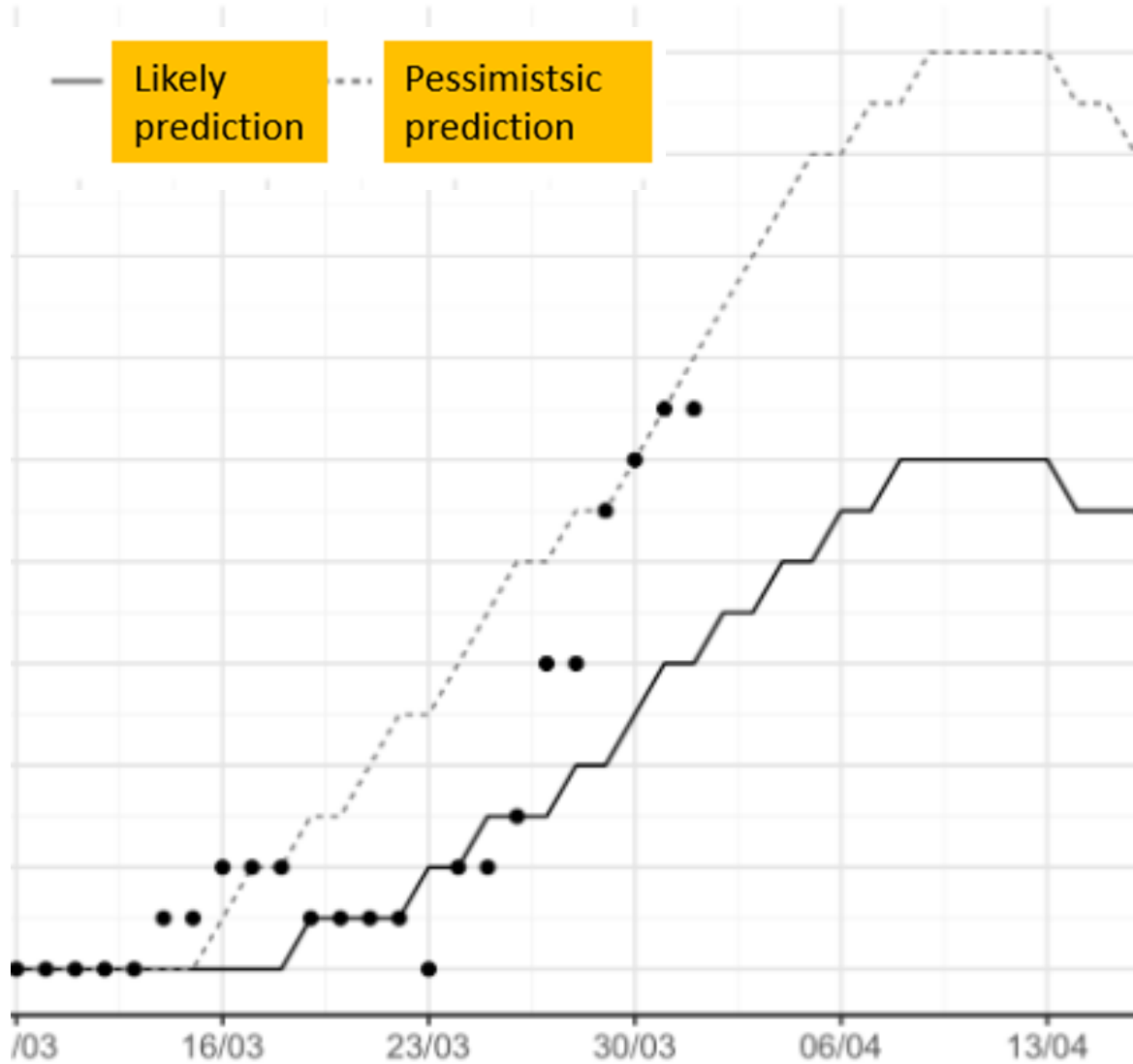Cumulative total hospitalizations (covid.hi.is)

Hospitalization each day (total) (covid.hi.is)

ICU- cumulative admittance indicates the most pessimistic prediction which puts strain on the weakest part of the health system

Total number of individuals in ICU each day (covid.hi.is)

Main predictions with data through April 2nd 2020

- It is expected that throughout the epidemic, about 1800 individuals in Iceland will have been diagnosed with COVID-19, but the number could reach as high as 2500 individuals, according to the pessimistic forecast.

- It is expected that the number of diagnosed individuals with an active disease will peak in the first week of April and will at that time probably be about 1200, but could be as many as 1700 individuals according to the pessimistic forecast.

  - (covid.hi.is)

Main prediction (cont.)

- The greatest burden on health care services due to hospital admissions will be around mid-April. At that time it is expected that around 60 individuals will be hospitalized but the pessimistic forecast predicts 90 individuals.

- It is expected that during the epidemic, approximately 26 individuals will become seriously ill (i.e. hospitalized in intensive care units), but this number might turn out to be as high as 40, according to the pessimistic forecast.

  - (covid.hi.is)