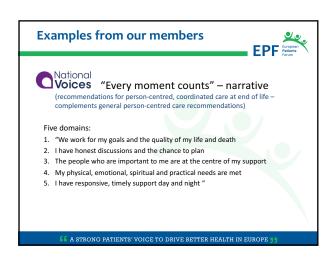
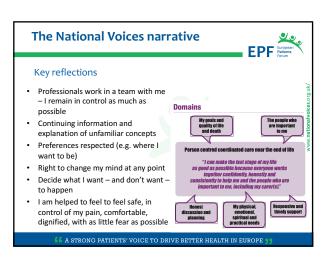


Empowerment charter • EPF Charter, point 1: "I am more than my health condition." — Healthcare is fundamentally about human interactions. Being treated with respect, dignity and compassion, and being seen as a human being... is the starting point of empowerment. • EPF survey on quality of care (2016) also strongly highlighted this aspect — Being listened to and taken seriously; the experts' first question should be to ask what matters to you – and take that as their guidance







Alzheimer Position on use of advance directives Alzheimer Position on use of advance directives Alzheimer Position on use of advance directives Alze supports use of advance directives for wide range of decisions − treatment, care, welfare, research, appointing proxies... Alze supports concept of healthcare proxies and calls for legal frameworks and appropriate safeguards for their involvement Difficulty of having right level of precision (neither too vague nor too specific) → encourage people to write statements of values Alze outlines certain criteria for validity of advance directives Patient's wishes should always be ascertained − even when there is an advance directive Need to increase availability and quality of palliative care/services/facilities More info: http://www.alzheimer-europe.or

Examples from our members

Medical professionals need to shift to a shared decision-making approach – this requires specific communication skills and attitudinal change but also resources With patient and also the family Important to accept and discuss uncertainty (e.g. treatment outcomes): patients are often more accepting of uncertainty than professionals realise For the patient it is essentiale to have a conversation and "tobe heard" Other HCP besides doctors can have a valuable role to play here (e.g. due to lack of time) but doctors' attitude is key



